

Newcastle Junior Cricket Association Season 2023-24



20 OVER DETAILED MATCH DAY RULES

Stage 1 Junior Cricket (Mixed and All-Girls U11 League)

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DESCRIPTION	This format is designed for those kids who have completed Cricket Australia's Entry Level	BOUNDARY	Mixed Jui All Girls L
	Programs and are ready for their first taste of		Boundary
	junior club competition. Designed to stimulate		batter's e
	action and test game sense and skills whether		Refer to I
	batting, bowling or fielding. Stage 1 community		further in
	cricket is structured so that all players have the		process.
	opportunity across the course of the season to	PITCH TYPE	Outfield of
	participate in the match on an equal basis to	AND LENGTH	• 16m leng
INDICATIVE	their team mates.	OVERS	20 overs p
AGE	Mixed Junior Cricket: U10 & U11	TEAM	• 7 players
AGE	All-Girls Leagues: U10/11* (Stage 1 Girls League) *focus is on ability over age in all-girls leagues.		• 5 players to play th
	Players new to cricket can request dispensation		
	to play in a lower age / stage		9 players team (ma
COACH	Accredited Community (Level 1) Coach		given tim
GAME TYPE	T20 (20 over game)	INNINGS	• 1 innings
BALL	Kookastar 142g semi-soft cricket ball - RED	BATTING	All balls (
TIME	Saturday morning		balls) will
	Toss: 20 mins before game start		count.
	Game to start at 8.30am, or earlier by prior		Batter to
	mutual arrangement between both teams		there is a
	• 140 mins (<2.5 hrs)		required
	Please refer to NJCA Playing Conditions		As there i
	document for time saving strategies, and		the follow
	adjustments required for match interruptions		o 5 pla
	Guidance from coaches should consider the		o 6 pla
	age and experience of the team. It is		o 7 pla
	important to ensure that skill development is		o 8 pla
	not inhibited by 'over-coaching'. Time		o 9 pla
	management is crucial to player experience, so		• If there is
	coaches need to consider this and avoid		batter fac
	slowing the pace of the game. As the season		ball (i.e. 1
	progresses, coaches are expected to be		Batters as
	providing opportunities for the players to think		their allo
	and learn for themselves, wherever possible,	DOW/LING	over.
	while the match is in progress. The next two batters should always be padded	BOWLING	• 6 balls pe
	up and ready to head to the crease, to ensure		Wides areAll player
	the timely completion of matches		is to bow
EQUIPMENT	Helmets must be worn at all times whilst		Maximun
Equilibrium	batting & wicket-keeping.		overs
	• Pads		*Please see I
	• Gloves		recommende
	Protector (males)		Bowlers a
	Additional safety equipment can be worn		entire ga
	based on match conditions and/or personal		• Coaches
	preference.		their play
	• 2 sets of portable stumps recommended (with		from wee
	base and bails) – minimum 1 set of portable		to consid
	stumps required.		start of e
	• Bat size: Size 4 (<1.8lb or <800gm) is		season, a
	recommended, or as appropriate for player		average,
	height		other.
	Modified ball (as per specifications above).		
	Measuring tape or string to measure pitch		
	length and boundary.		
	Boundary markers Challe an tage to group again.		
	Chalk or tape to mark crease.		

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BOUNDARY	Mixed Junior Cricket: 40m (maximum)
	• All Girls Leagues: 30 – 35m (maximum)
	Boundary is to be measured from the
	batter's end stumps.
	Refer to Boundary Setup Document for
	further information on the boundary setup
	process.
PITCH TYPE	Outfield or hard wicket surface.
AND LENGTH	• 16m length – measured stump to stump.
OVERS	20 overs per team (120 balls)
TEAM	• 7 players per team
	• 5 players per team is the minimum required
	to play the game.
	• 9 players is the maximum to be allocated to a
	team (maximum 7 players on field at any given time).
INNINGS	• 1 innings of 20 overs per team
BATTING	
BATTING	All balls (regardless of whether wides/no balls) will be included in the batter's ball
	count.
	Batter to swap ends following a dismissal. If
	there is a run out the not out batter is
	required to face the next delivery.
	As there is allowances for varying team size,
	the following retirement rules apply:
	o 5 player team – batters retire at 24 balls
	o 6 player team – batters retire at 20 balls
	o 7 player team – batters retire at 17 balls
	o 8 player team – batters retire at 15 balls
	 9 player team – batters retire at 13 balls
	If there is an extra ball to be bowled, the
	batter facing at the time will face the extra
	ball (i.e. 17 x 7 = 119)
	Batters are to retire as soon as they face
	their allotted balls, not at the end of the
	over.
BOWLING	6 balls per over maximum. No Balls and
	Wides are NOT re-bowled in ANY overs.
	All players are to bowl (each Wicket-Keeper in to bowl and group and b)
	is to bowl one over each)
	Maximum overs bowled by a player are 4 overs
	vers *Please see Recommended Bowling Breakdown for
	recommended over per player options.
	Bowlers are to bowl from the one end for
	entire game
	Coaches are to rotate the opportunity for
	their players to bowl the maximum overs
	from week to week. This requires the coach
	to consider fielding placement prior to the
	start of every game. At the end of the
	season, all players should have bowled, on
	average, a similar number of overs as each
	other.



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FIELDING	Rotation of fielders is required to ensure all	
	players experience all positions.	
	 Rotation of fielders occurs in a clockwise 	
	direction at the end of each over	
	No fielders within 15 metres of batter or	
	each other (except Wicket-Keeper) to	
	encourage singles and safety	
	• Each team is required to use two (2) wicket	
	keepers (10 overs each)	
	Following the drinks break, players return to	
	the field in the position they would have	
	been in if there had been no drinks break.	
	The two wicket keepers will generally swap	
	positions with each other, in terms of where	
	the first wicket keeper takes to the field after	
	drinks.	
	If more than 7 players are present at a	
	match, it is generally efficient if the bowler	
	leaves the field at the completion of their	
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	over, and the extra player takes to the field	
	in the position the bowler would otherwise	
	have moved to if there had been no extra players.	
	• If a team has less than 7 players present,	
	their opposition is required to assist with	
	fielding. Preference is to place opposition	
	fielders in non catching positions, where	
	possible (eg back stop). You do not bat or	
	-	
	bowl for your opposition.	
	Refer to NJCA Guidelines for rules regarding Fill-In and Substitute Players	
DISMISSALS	Unlimited dismissals (each player will face)	
DISIVIISSALS	the nominated number of balls each)	
	, ,	
	4 runs per wicket will be added to the	
	opposition (bowling teams) total at the end	
	of the innings.	
	The following dismissals apply in this format:	
	Bowled, Caught, Caught & Bowled, Run Out,	
_	Stumped, Hit Wicket. LBW does not apply.	
OTHER	Stage 1 Junior Cricketers are NOT eligible to	
	play Summer Smash. Summer Smash is	
	designed as an entry level competition for	
	players who are new to cricket. It is not	
	provided as an additional offering for Stage 1	
	junior cricketers	