

Newcastle Junior Cricket Association Season 2023-24

30 OVER DETAILED MATCH DAY RULES – Stage 3 Junior Cricket (Mixed U14, U15 and U15-U18)

DESCRIPTION	This format is appropriate for players with
	developed skills who are ready to apply them in
	the full dimensions of the game – it is aligned to
	adult cricket on a full-length wicket with 11
	players.
AGE	U14 and U15-U18
COACH	Accredited Community (Level 1) Coach
GAME TYPE	30 over game (maximum)
BALL	• 156g leather – Kookaburra Colt 156g (RED)
TIME	Saturday morning
	Toss: 20 minutes before game start time
	Match Start: 8.30am
	200 mins plus 10 mins innings break
	Please refer to NJCA Playing Conditions
	document for innings finish times,
	adjustments for match interruptions and
	penalties for slow over rates
	Once the match has commenced, guidance
	from coaches must only occur at the fall of
	wicket or between overs, and in any event
	must not impact on the pace of the match
EQUIPMENT	Helmets must be worn at all times whilst
	batting & wicket-keeping.
	Leg and Thigh Pads
	• Gloves
	Protector (male)
	Additional safety equipment can be worn
	based on match conditions and/or personal
	preference.
	• 2 sets of stumps with bails.
	Bat size as appropriate to the height for
	player height
	Measuring tape or string to measure
	boundary.
	Boundary markers
BOUNDARY	• 50m (maximum)
	Boundary to be measured from the centre of
	the pitch.
PITCH TYPE	Hard wicket or Turf wicket
AND LENGTH	20.1m (standard pitch length)
OVERS	30 over maximum per team
TEAM	• 11 players per team
	7 players per team minimum are required to
	play the game
INNINGS	• 1 innings of 30 overs (maximum) per team
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BATTING	All batters retire at 45 balls faced
	If the team has more than 11 players, those
	that did not bowl should bat
	If retirement limit enforced, any retired
	batters may return to the crease once all
	others have batted, in the order they retired.
	All balls (regardless of whether wides / no
	balls) will be included in the batter's ball
	count
	The innings is deemed as closed after 10
	wickets have fallen or the batting team has
	completed their allotted overs
BOWLING	6 balls per over (Wides and no-balls are to be
	re-bowled to a maximum of 8 per over,
	except in the last over where all no balls and
	wides shall be re-bowled)
	A minimum of 5 players must bowl.
	There is a maximum of 6 overs per bowler
	Maximum of 4 overs in a spell.
	Spell Break: twice the number of overs as
	bowled in the spell (refer to Playing
	Conditions Document)
	Bowlers change ends after 15 overs.
FIELDING	To ensure players experience all fielding
	positions, fielding rotations can be
	implemented at the discretion of the Coach.
	No fielders within 10 metres (except
	regulation off side slips, gully and wicket
	keeper).
	If a team has less than 11 players present,
	they may request fielding assistance from the
	opposition team, however there is no
	obligation on the opposition team to provide
	fielders. If fielders are provided, they should
	be place in non-catching positions (eg back
	stop).
	Refer to NJCA Guidelines for rules regarding
	Fill-In and Substitute Players
DISMISSALS	All modes of dismissal count, except as noted
	below regarding LBW.
	LBW only counts as a mode of dismissal
	when:
	 An official umpire is present; or
	 When both coaches agree that they are
	confident and competent to determine
	LBW appeals
UMPIRES	When one official umpire is in attendance,
J	the provision of a square leg umpire is the
	responsibility of the batting team
	When no official umpires are in attendance,
	the square leg umpire shall be a responsible
	representative of the batting team.
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